

CRAFTON HILLS COLLEGE

Back to Success Workshop

You are attempting this workshop due to your academic and/or progress status. We are concerned about your success at Crafton Hills College and are dedicated to helping you return to an academic status of **Good Standing**. This workshop will enable you to identify obstacles impeding your success and solutions for achieving your educational goals.

The following information explains the levels and processes of probation:

Level One Academic Probation is identified as:

After earning twelve or more units at Crafton Hills College, a student shall be placed on Level One Academic probation when his/her grade point average falls below 2.0 for all work attempted.

Level One Progress Probation is defined as:

After earning twelve or more units at Crafton Hills College, a student shall be placed on Level One progress probation when fifty percent or more of his/her grades have been received in non-evaluative symbols ("W", "I", or "NC").

Level Two Academic Probation is defined as:

After two consecutive semesters at Crafton Hills College (not including summer) with a cumulative grade point average (GPA) below 2.0, a student shall be placed on Level Two academic probation.

Level Two Progress Probation is defined as:

A student shall be placed on Level Two progress probation after two consecutive semesters at Crafton Hills College (not including summer) when fifty percent or more of his/her grades have been received in non-evaluative symbols ("W", "I", or "NC").

Dismissal is defined as:

After three consecutive semesters at Crafton Hills College (not including summer) with cumulative GPA below 2.0 and / or when fifty percent of his/her grades have been received in non-evaluative symbols ("W", "I", or "NC"), a student may be dismissed for one semester.

Obstacles & Solutions

Obstacles

Time Management

Too much TV/Internet
Too much social life
Overextended in my _____
Use my cellphone too much
Other _____

Family

Parent interference/ pressure
Spouse/ children issues
Household obligations
Pregnancy
Physical abuse
Relationship problems
Divorce or separation
New marriage
New independent status
Family health problems
Other _____

Financial

Worried about money
Financial aid requirements
Spouse not working
Debts
Time limit on school funds
Other _____

Work Related

Must Work to survive
Working too many hours
Problems with the boss
May lose job
Conflicts with job
No part-time work available

Personal

Stressed all the time
Roommate problems
Relationship worries
Cultural pressures
Loss of a family member or friend
Loneliness
Being single
Depression
Socially uncomfortable
Substance abuse
Rape or assault
Health/ medical worries
Illness
Housing products
Value conflicts
Dislike CHC
Demanding church
Commitment
Commuting
Negative attitude
Other _____

Fear

Failure
Not being perfect
Accomplishments
Pressures
Commitments
Making decisions
Making mistakes
Tasks too difficult
Other _____

Degree Requirements

Core requirements
Academic Policies
GPA requirements
Parental pressures
Other pressures
Classes unavailable
Selecting a career or major
Other _____

Academic/Study Skills

Learning disability
Poor study habits
Poor note-taking skills
Poor concentration
Poor time management
Poor study environment
Ineffective study time
High anxiety
Inferior preparation
Inadequate reading skills
Inadequate writing skills
Inadequate math skills
Unhappy with instructor
Impersonal instructor
Impersonal staff
Poor academic advising
Previous failure
Unclear educational goals
Other _____

Solutions

Time Management

Set goals
Reward yourself
Say no!
Use a to-do list
Time management workshop
Turn cellphone off
Other _____

Family

Discuss goals
Attend to children first, then require solitude
Develop a routine
Delegate duties at home
Take family to get medical help

Learn how to communicate and listen
Attend parenting classes
Attend family or marriage counseling
Obtain family planning help
Other _____

Financial

See a financial planner
See a tax accountant for deductions
Contact financial aid about grants
Explore credit for prior learning options
Consider part-time schooling
Develop a degree plan
Other _____

Work Related

Get a different job
Develop problem solving skills
Find a job
Spouse gets a job
Change positions within company
Reduce work hours
Quit job
Other _____

Personal

Get personal counseling
Attend group counseling
Visit a medical doctor
Join a club or organization
Read self-help books
Listen to motivational tapes
Develop problem solving skills
Take semester off while working out problems
Say NO!
Other _____

Degree Requirements

Consult with counselor
Consult a student success advisor
Consult with a family member
Change majors
Change schools
Other _____

Academic/ Study Skills

Attend writing center
Attend math center
Get a tutor
Visit with professors
Change study environment
Form a study group
Change instructors
Ask questions
Get career counseling
Know drop deadlines and procedures
Make an appointment to see LD specialist at DSPS
Other _____



Obstacles & Solutions Worksheet

Name: _____ ID #: _____

Answer the following questions:

1.) What educational goals do you want to accomplish at CHC?

2.) List the significant obstacles that led you to probation and how they are interfering with your academic success.

Obstacles	How does this obstacle interfere with your academic success?
1.	
2.	
3.	
4.	

3.) List up to four solutions for each of the obstacles listed above:

Obstacle	Solution #1	Solution #2	Solution #3	Solution #4
1.				
2.				
3.				
4.				

4.) List the four most viable solutions you are willing to do, how they will help you, and what additional problems may result:

Solution	How this solution will help me? (i.e. Which obstacle will it confront?)	What additional problems may result? (i.e. Will it be worth the cost?)
1.		
2.		
3.		
4.		

5.) Using your solutions, write down what changes you plan to make and by when?

1. _____ By: _____

2. _____ By: _____

3. _____ By: _____

4. _____ By: _____

Student Signature: _____ Date _____