

## COUN-110 Pre/Post Assessment Survey Results – Spring 2018

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### **Purpose of Brief**

This brief illustrates the results from the Spring 2018 COUN-110 Pre/Post Assessments.

### **Summary of Findings**

**Pre-Assessment:** Students reported high levels of agreement with the following statements:

- I know my skills and abilities
- I know how my interest may relate to possible careers

Respondents had a lower level of agreement with the following statements:

- I have researched at least 3 majors in detail
- I know how to develop a career development action plan based on career assessment results, research and analysis

**Post-Assessment:** All respondents indicated high levels of agreement with the following statements:

- I know my skills and abilities
- I know how my interest may relate to possible careers
- I can state how my values relate to careers that I am considering
- I have a clear sense of my identity, of what makes me unique and valuable
- I know what my strengths are
- I have enough information about the major available to make a well informed decision in choosing a major
- I have researched at least 3 majors in detail
- I have a sense of how my personality fits with careers that interest me

### **Overview**

The Counseling department administered a pre- and post-assessment for COUN-110, Introduction to Career, Education, and Life Planning, during the Spring 2018 semester. The assessments were handed to students registered within the course and were used to measure the knowledge attained in areas of personal development, career planning, and educational planning.

### **Methodology**

A pre/post assessment was developed in coordination with the Counseling department. The pre-assessment was handed to COUN-110 students at the beginning of the term and included twenty-two Likert-scale statements measuring the knowledge of students in the areas of personal development, career planning, and educational planning. The same twenty-two statement assessment was administered at the end of the course to determine how helpful the course was in the acquisition of knowledge of the course material. Respondents were prompted to rate their level of agreement with these statements. The following 4-point rating scale was utilized: 1=Strongly Agree, 2=Agree, 3=Disagree, 4=Strongly Disagree.

### **Findings**

Table 1 indicates respondents' level of agreement with various statements about their knowledge of their own personal development, career planning skills, and educational planning skills coming into the course.

Respondents reported the highest levels of agreement (% agree or strongly agree) with the following statements:

- I know my skills and abilities (90.9%)
- I know how my interest may relate to possible careers (84.1%)

Respondents reported the lowest levels of agreement (% agree or strongly agree) with the following statements:

- I have enough information about the major available to make a well informed decision in choosing a major (31.9%)
- I have researched at least 3 majors in detail (29.5%)
- I know how to develop a career development action plan based on career assessment results, research and analysis (25.0%)

**Table 1. Pre-Assessment Survey Results**

Statement	Strongly Agree		Agree		Disagree		Strongly Disagree	
	#	%	#	%	#	%	#	%
I know my skills and abilities	5	11.4	35	79.5	2	4.5	2	4.5
I know how my skills and abilities relate to careers that interest me	5	11.4	24	54.5	14	31.8	1	2.3
I know how my interest may relate to possible careers	9	20.5	28	63.6	7	15.9	0	0.0
I can state how my values relate to careers that I am considering	6	14.0	22	51.2	14	32.6	1	2.3
I have a clear sense of my identity, of what makes me unique and valuable	5	11.4	22	50.0	17	38.6	0	0.0
I can state how my past experience and achievement may relate to possible career options	5	11.4	20	45.5	18	40.9	1	2.3
I know what my strengths are	2	4.5	27	61.4	14	31.8	1	2.3
I know how to develop my strengths	1	2.3	16	36.4	25	56.8	2	4.5
I know how I might use my strengths in a career that interests me	4	9.3	22	51.2	16	37.2	1	2.3
I have enough information about the major available to make a well informed decision in choosing a major	5	11.4	9	20.5	22	50.0	8	18.2
I have researched at least 3 majors in detail	7	15.9	6	13.6	15	34.1	16	36.4
I know what I want to major in	5	11.4	10	22.7	17	38.6	12	27.3
I have a sense of how my personality fits with careers that interest me	5	11.4	24	54.5	14	31.8	1	2.3
I know how to research careers/occupations that interest me	7	15.9	23	52.3	11	25.0	3	6.8
I am knowledgeable about careers/occupations that interest me	5	11.4	17	38.6	19	43.2	3	6.8
I have researched at least two occupations or careers that interest me	10	22.7	20	45.5	12	27.3	2	4.5
I feel confident about the major that I have chosen	5	11.4	10	22.7	20	45.5	9	20.5
I feel well informed about the career path that interests me most at this time	3	6.8	13	29.5	22	50.0	6	13.6
I feel confident about my career direction at this time	5	11.6	12	27.9	17	39.5	9	20.9
I know how to develop a comprehensive Student Education Plan (SEP) to meet graduation or transfer requirements	3	7.0	14	32.6	19	44.2	7	16.3
I know how to develop a career development action plan based on career assessment results, research and analysis	1	2.3	10	22.7	28	63.6	5	11.4
I know how my sociological, physiological, and psychological needs impact my lifelong career plans	4	9.1	16	36.4	23	52.3	1	2.3

Table 2 indicates respondents' level of agreement with the same statements as the pre-assessment to see how their knowledge has changed as a result of taking the COUN-110 course.

**Table 2. Post-Assessment Survey Results**

Statement	Strongly Agree		Agree		Disagree		Strongly Disagree	
	#	%	#	%	#	%	#	%
I know my skills and abilities	2	20.0	8	80.0	0	0.0	0	0.0
I know how my skills and abilities relate to careers that interest me	4	44.4	4	44.4	1	11.1	0	0.0
I know how my interest may relate to possible careers	6	60.0	4	40.0	0	0.0	0	0.0
I can state how my values relate to careers that I am considering	8	80.0	2	20.0	0	0.0	0	0.0
I have a clear sense of my identity, of what makes me unique and valuable	7	70.0	3	30.0	0	0.0	0	0.0
I can state how my past experience and achievement may relate to possible career options	7	70.0	2	20.0	1	10.0	0	0.0
I know what my strengths are	6	60.0	4	40.0	0	0.0	0	0.0
I know how to develop my strengths	5	50.0	4	40.0	1	10.0	0	0.0
I know how I might use my strengths in a career that interests me	4	40.0	5	50.0	1	10.0	0	0.0
I have enough information about the major available to make a well informed decision in choosing a major	4	40.0	6	60.0	0	0.0	0	0.0
I have researched at least 3 majors in detail	5	50.0	5	50.0	0	0.0	0	0.0
I know what I want to major in	2	20.0	5	50.0	3	30.0	0	0.0
I have a sense of how my personality fits with careers that interest me	6	60.0	4	40.0	0	0.0	0	0.0
I know how to research careers/occupations that interest me	8	80.0	2	20.0	0	0.0	0	0.0
I am knowledgeable about careers/occupations that interest me	6	60.0	4	40.0	0	0.0	0	0.0
I have researched at least two occupations or careers that interest me	6	60.0	4	40.0	0	0.0	0	0.0
I feel confident about the major that I have chosen	3	30.0	5	50.0	2	20.0	0	0.0
I feel well informed about the career path that interests me most at this time	5	50.0	5	50.0	0	0.0	0	0.0
I feel confident about my career direction at this time	4	40.0	4	40.0	2	20.0	0	0.0
I know how to develop a comprehensive Student Education Plan (SEP) to meet graduation or transfer requirements	8	80.0	0	0.0	2	20.0	0	0.0
I know how to develop a career development action plan based on career assessment results, research and analysis	7	70.0	2	20.0	1	10.0	0	0.0
I know how my sociological, physiological, and psychological needs impact my lifelong career plans	6	60.0	4	40.0	0	0.0	0	0.0

Respondents reported the highest levels of agreement with 100% of respondents agreeing or strongly agreeing with the following statements:

- I know my skills and abilities
- I know how my interest may relate to possible careers
- I can state how my values relate to careers that I am considering
- I have a clear sense of my identity, of what makes me unique and valuable
- I know what my strengths are
- I have enough information about the major available to make a well informed decision in choosing a major
- I have researched at least 3 majors in detail
- I have a sense of how my personality fits with careers that interest me
- I know how to research careers/occupations that interest me
- I am knowledgeable about careers/occupations that interest me
- I have researched at least two occupations or careers that interest me
- I feel well informed about the career path that interests me most at this time
- I know how my sociological, physiological, and psychological needs impact my lifelong career plans

Respondents reported the lowest level of agreement (% agree or strongly agree) with the following statements:

- I feel confident about the major that I have chosen (80.0%)
- I feel confident about my career direction at this time (80.0%)
- I know how to develop a comprehensive Student Education Plan (SEP) to meet graduation or transfer requirements (80.0%)
- I know what I want to major in (70.0%)