



## COUN-110 Pre/Post Assessment Survey Results – Spring 2017

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### **Purpose of Brief**

This brief illustrates the results from the Spring 2017 COUN-110 Pre/Post Assessments.

### **Summary of Findings**

**Pre-Assessment:** Students reported high levels of agreement with the following statements:

- I know my skills and abilities
- I know how I might use my strengths in a career that interests me

Respondents had a lower level of agreement with the following statements:

- I have enough information about the major available to make a well informed decision in choosing a major
- I have researched at least 3 majors in detail

**Post-Assessment:** All respondents indicated high levels of agreement with the following statements:

- I know how to research careers/occupations that interest me
- I am knowledgeable about careers/occupations that interest me
- I have researched at least two occupations or careers that interest me
- I know my skills and abilities
- I know how my skills and abilities relate to careers that interest me
- I can state how my past experience and achievement may relate to possible career options

### **Overview**

The Counseling department administered a pre- and post-assessment for COUN-110, Introduction to Career, Education, and Life Planning, during the Spring 2017 semester. The assessments were handed to students registered within the course and were used to measure the knowledge attained in areas of personal development, career planning, and educational planning.

### **Methodology**

A pre/post assessment was developed in coordination with the Counseling department. The pre-assessment was handed to COUN-110 students at the beginning of the term and included nineteen Likert-scale statements measuring the knowledge of students in the areas of personal development, career planning, and educational planning. The same nineteen statement assessment was administered at the end of the course to determine how helpful the course was in the acquisition of knowledge of the course material. Respondents were prompted to rate their level of agreement with these statements. The following 4-point rating scale was utilized: 1=Strongly Agree, 2=Agree, 3=Disagree, 4=Strongly Disagree.

### **Findings**

Table 1 indicates respondents' level of agreement with various statements about their knowledge of their own personal development, career planning skills, and educational planning skills coming into the course.

Respondents reported the highest levels of agreement (% agree or strongly agree) with the following statements:

- I know my skills and abilities (96.6%)
- I know how I might use my strengths in a career that interests me (93.1%)
- I have a sense of how my personality fits with careers that interest me (89.6%)

Respondents reported the lowest levels of agreement (% agree or strongly agree) with the following statements:

- I feel confident about my career direction at this time (46.4%)
- I have enough information about the major available to make a well informed decision in choosing a major (37.9%)
- I have researched at least 3 majors in detail (24.1%)

**Table 1. Pre-Assessment Survey Results**

Statement	Strongly Agree		Agree		Disagree		Strongly Disagree	
	#	%	#	%	#	%	#	%
I know my skills and abilities	10	34.5	18	62.1	1	3.4	0	0.0
I know how my skills and abilities relate to careers that interest me	7	24.1	16	55.2	6	20.7	0	0.0
I know how my interest may relate to possible careers	12	42.9	11	39.3	5	17.9	0	0.0
I can state how my values relate to careers that I am considering	15	51.7	9	31.0	4	13.8	1	3.4
I have a clear sense of my identity, of what makes me unique and valuable	16	55.2	5	17.2	6	20.7	2	6.9
I can state how my past experience and achievement may relate to possible career options	14	48.3	11	37.9	2	6.9	2	6.9
I know what my strengths are	10	34.5	15	51.7	3	10.3	1	3.4
I know how to develop my strengths	11	37.9	10	34.5	5	17.2	3	10.3
I know how I might use my strengths in a career that interests me	11	37.9	16	55.2	1	3.4	1	3.4
I have enough information about the major available to make a well informed decision in choosing a major	5	17.2	6	20.7	15	51.7	3	10.3
I have researched at least 3 majors in detail	5	17.2	2	6.9	13	44.8	9	31.0
I know what I want to major in	9	31.0	7	24.1	6	20.7	7	24.1
I have a sense of how my personality fits with careers that interest me	13	44.8	13	44.8	2	6.9	1	3.4
I know how to research careers/occupations that interest me	10	34.5	11	37.9	4	13.8	4	13.8
I am knowledgeable about careers/occupations that interest me	6	21.4	11	39.3	8	28.6	3	10.7
I have researched at least two occupations or careers that interest me	9	31.0	10	34.5	4	13.8	6	20.7
I feel confident about the major that I have chosen	11	37.9	5	17.2	6	20.7	7	24.1
I feel well informed about the career path that interests me most at this time	8	27.6	7	24.1	11	37.9	3	10.3
I feel confident about my career direction at this time	7	25.0	6	21.4	6	21.4	9	32.1

Table 2 indicates respondents' level of agreement with the same statements as the pre-assessment to see how their knowledge has changed as a result of taking the COUN-110 course.

**Table 2. Post-Assessment Survey Results**

Statement	Strongly Agree		Agree		Disagree		Strongly Disagree	
	#	%	#	%	#	%	#	%
I know my skills and abilities	6	37.5	9	56.3	1	6.3	0	0.0
I know how my skills and abilities relate to careers that interest me	8	50.0	7	43.8	1	6.3	0	0.0
I know how my interest may relate to possible careers	12	75.0	2	12.5	2	12.5	0	0.0
I can state how my values relate to careers that I am considering	11	68.8	3	18.8	2	12.5	0	0.0
I have a clear sense of my identity, of what makes me unique and valuable	8	50.0	6	37.5	1	6.3	1	6.3
I can state how my past experience and achievement may relate to possible career options	10	62.5	5	31.3	1	6.3	0	0.0
I know what my strengths are	10	62.5	4	25.0	1	6.3	1	6.3
I know how to develop my strengths	9	56.3	4	25.0	2	12.5	1	6.3
I know how I might use my strengths in a career that interests me	11	68.8	3	18.8	1	6.3	1	6.3
I have enough information about the major available to make a well informed decision in choosing a major	8	50.0	6	37.5	2	12.5	0	0.0
I have researched at least 3 majors in detail	10	62.5	4	25.0	2	12.5	0	0.0
I know what I want to major in	7	43.8	6	37.5	2	12.5	1	6.3
I have a sense of how my personality fits with careers that interest me	11	68.8	4	25.0	1	6.3	0	0.0
I know how to research careers/occupations that interest me	9	56.3	7	43.8	0	0.0	0	0.0
I am knowledgeable about careers/occupations that interest me	8	50.0	8	50.0	0	0.0	0	0.0
I have researched at least two occupations or careers that interest me	12	75.0	4	25.0	0	0.0	0	0.0
I feel confident about the major that I have chosen	9	56.3	4	25.0	0	0.0	3	18.8
I feel well informed about the career path that interests me most at this time	8	50.0	5	31.3	1	6.3	2	12.5
I feel confident about my career direction at this time	8	50.0	5	31.3	1	6.3	2	12.5

Respondents reported the highest levels of agreement with at least 94% of respondents agreeing or strongly agreeing with the following statements:

- I know how to research careers/occupations that interest me (100%)
- I am knowledgeable about careers/occupations that interest me (100%)
- I have researched at least two occupations or careers that interest me (100%)
- I know my skills and abilities (93.8%)
- I know how my skills and abilities relate to careers that interest me (93.8%)
- I can state how my past experience and achievement may relate to possible career options (93.8%)
- I have a sense of how my personality fits with careers that interest me (93.8%)

Respondents reported the lowest level of agreement (% agree or strongly agree) with the following statements:

- I know how to develop my strengths (81.3%)
- I know what I want to major in (81.3%)
- I feel confident about the major that I have chosen (81.3%)
- I feel well informed about the career path that interests me most at this time (81.3%)
- I feel confident about my career direction at this time (81.3%)