

**Crafton Hills College  
Curriculum Committee**

Monday, December 11, 2017

2:00 pm –CCR 233

**Members:** Kim Salt (Chair)(I), Brandi Bailes (I), Robert Brown, Kirsten Colvey, Troy Dial, Kristen Garcia, Kenneth George (I), Laurie Green (I), Kristina Heilgeist, Catherine Hendrickson, Rick Hogrefe (II), Shohreh Rabarnia (II), Miriam Saadeh, Michael Sheahan (II), Mark Snowwhite, Michelle Tinoco

1. Approval of Minutes November 27, 2017
2. Action Items

***COURSE MODIFICATIONS***

- a. **ACCT 033 Federal and State Income Tax Preparation** (*to see course outline go to SEARCH, COURSES in CurricUNET*)\*  
Originator Margaret Yau  
**Rationale:** Modification of prerequisite to allow students of different tax preparation backgrounds to participate in this volunteer tax assistance course, which includes individualized training for tax preparation.  
**Departmental Recommendation:** ACCT 032 or equivalent tax preparation knowledge and experience
- b. **CHEM 101 Introduction to Chemistry** (*to see course outline go to SEARCH, COURSES in CurricUNET*)\*  
Originator Kim Salt  
**Rationale:** To change the prerequisite to reflect that MATH 090 will no longer be offered in the Fall  
**Prerequisite:** Eligibility for MATH 095 as determined through the Crafton Hills College assessment process
- c. **HEALTH 102 Introduction to Health and Wellness** (*to see course outline go to SEARCH, COURSES in CurricUNET*)\*  
Originator Colleen Maloney-Hinds  
**Rationale:** Name change to better reflect the course  
**DE Approval**
- d. **KIN/F 105 ABCD Cardiovascular Conditioning I-IV** (*to see course outline go to SEARCH, COURSES in CurricUNET*)\*  
Originator Colleen Maloney-Hinds  
**Rationale:** name change
- e. **KIN/F 155 ABCD Pilates I-IV** (*to see course outline go to SEARCH, COURSES in CurricUNET*)\*  
Originator Colleen Maloney-Hinds  
**Rationale:** name change
- f. **KIN/F 173 ABCD Water Bootcamp I-IV** (*to see course outline go to SEARCH, COURSES in CurricUNET*)\*  
Originator Colleen Maloney-Hinds  
**Rationale:** name change

***NEW COURSES***

- g. **KIN/F 109A Aerial Fitness I** (*to see course outline go to SEARCH, COURSES in CurricUNET*)\*  
Originator Colleen Maloney-Hinds  
**Need for the Course:** Americans are less fit now than ever before. The combination of poor fitness and poor diet habits has created many new health issues. Obesity, and obesity-related illnesses are being diagnosed in epidemic proportions. This fact points to the need for a resurgence in exercise participation by Americans of all ages. The research is very clear in demonstrating the advantages of physical activity throughout the life span.  
It is also very important that we pick activities that our community members connect with. Our local community has a huge population of people who are interested in circus and more adventurous types of physical activity. Aerial fitness bridges the gap between fitness, yoga and circus and makes it safe and easy for all fitness and skill levels and all ages.

Have general curriculum questions?

Go to: <http://www.curriculum.cc.ca.us>

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- h. **KIN/F 110 Aerial Yoga I** (to see course outline go to *SEARCH, COURSES in CurricUNET*)\*  
Originator Colleen Maloney-Hinds  
**Need for the Course:** Aerial yoga is an amazing cross between traditional ground yoga and more acrobat activities such as circus. It has grown in popularity in California over the past couple of years and more and more studios are offering it. This style of yoga is perfect for beginners to the most advanced yogis. The hammock/fabric allows gentle support and proper alignment of the spine and body. It can assist those you are less flexible or strong by supporting them in various positions. The fabric allows for smooth transitions from one pose to the next. It takes tension off of the knees and wrists which makes it wonderful for all ages.  
This course will keep our department up to date in the world of fitness and capitalize on our communities love of yoga and circus arts.
- i. **KIN/S 110 Circus Arts I** (to see course outline go to *SEARCH, COURSES in CurricUNET*)\*  
Originator Colleen Maloney-Hinds  
**Need for the Course:** The communities surrounding Crafton Hills College have heavy roots in the circus arts. The local Y Circus has been performing since 1929. Quite a few circus centers have popped up in the near-by Redlands community and are heavily attended. However, they are very expensive and many are performance based only. Circus is not only a skill set but is a great way to improve fitness. Currently there are no community colleges in the area that offer classes which cater to those interested in learning these skills either for the first time or using this skills as a transition into fitness.  
This class will help bring the community onto campus and encourage those interested or curious about the circus art to use it as a form of fitness improvement along with acquiring a new skill set.

**CORRECTIONS**

- MATH 902** Prerequisite was corrected to state "MATH 095 or eligibility for MATH 902 as determined through the Crafton Hills College assessment process". It had MATH 902L in the statement.
- MATH 910** Should have had the prerequisite of "MATH 085 or MATH 095 or eligibility for MATH 910 as determined through the Crafton Hills College assessment process".

4. Operational Issues

**Next Meeting: January 22, 2017**

**2:00 pm – Room CCR 233**

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