

<https://www.craftonhills.edu/timelycare/>

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TimelyCare

Crafton Hills College students have FREE, 24/7 access to virtual care services with TimelyCare — a virtual health and well-being platform designed for college students. Students do not need insurance to access TimelyCare services. As part of Crafton's partnership with TimelyCare, students have access to services in TimelyCare, including:

- **TalkNow:** 24/7, on-demand emotional support to talk about anything, including anxiety, relationships, depression, and school-related stressors.
- **Scheduled Counseling:** Choose the day, time, and mental health provider that works best for you. (12 visits per year)
- **Self-Care Content:** Visit the Self-Care tab for 24/7 access to tools and resources, such as meditation and yoga sessions, helpful videos, and short articles from experts.
- **Basic Needs Support:** Get connected to free or reduced-cost community resources, including food and housing assistance, transit support, childcare, and finances.

Students have access to TimelyCare services 365 days a year. That means you have access during breaks, after-hours, and any time you need support!

Get started now!

timelycare



How to Access TimelyCare

You can go to timelycare.com/craftonhills or download the TimelyCare app ([iOS](#) or [Android](#)) to register with your name and Crafton email address. You can then have visits from any web-enabled device – smartphone, laptop, or desktop. TimelyCare is available from anywhere in the United States.

[Access TimelyCare](#)



How to Get Started With TimelyCare

