

Exercise 13: The College Rule

Answer each question about your math class and the The College Rule:

1. How many units is your math class? _____
2. According to The College Rule, how many hours should you be studying outside of class for this course? _____

3. Are you currently following The College Rule for your math class? _____

4. Does The College Rule surprise you, or were you already aware of it? _____
5. Write a little more about your impression of The College Rule. Does it make you feel intimidated or inspired? Relieved or angry? Confident or frustrated? _____

Exercise 14: Evaluating Your Available Study Time

On the next page you will find a simpler version of the day planner shown earlier. Take a minute to write down all the obligation you have through the course of a week. Include work, classes, travel, study time, etc.

SLA Math Study Skills- Time Management

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|--------|---------|-----------|----------|--------|----------|--------|
| 7:00 | | | | | | | |
| 8:00 | | | | | | | |
| 9:00 | | | | | | | |
| 10:00 | | | | | | | |
| 11:00 | | | | | | | |
| 12:00 | | | | | | | |
| 1:00 | | | | | | | |
| 2:00 | | | | | | | |
| 3:00 | | | | | | | |
| 4:00 | | | | | | | |
| 5:00 | | | | | | | |
| 6:00 | | | | | | | |
| 7:00 | | | | | | | |
| 8:00 | | | | | | | |
| 9:00 | | | | | | | |
| 10:00 | | | | | | | |
| 11:00 | | | | | | | |

Courtesy of:

Bass, A. (2013). Time management. In *Math study skills* (2nd ed., pp. 27-34). Boston, MA: Pearson.