

STUDENT SUCCESS WORKSHOPS

SPRING 2021

WORKSHOP	DATE	TIME
Time Management	Wednesday, Feb. 17	1:00 p.m. - 2:00 p.m.
Time Management	Tuesday, Feb. 23	6:00 p.m. - 7:00 p.m.
Stress Management & Personal Wellbeing	Tuesday, March 16	12:00 p.m. - 1:00 p.m.
Budgeting: Keeping Track of Your Money	Wednesday, March 17	12:00 p.m. - 1:00 p.m.
Budgeting: Keeping Track of Your Money	Tuesday, March 30	5:00 p.m. - 6:00 p.m.
Stress Management & Personal Wellbeing	Wednesday, March 31	12:00 p.m. - 1:00 p.m.
Motivation for Success	Monday, April 5	12:00 p.m. - 1:00 p.m.
Motivation for Success	Tuesday, April 6	5:00 p.m. - 6:00 p.m.
Test Taking Strategies	Wednesday, April 14	12:00 p.m. - 1:00 p.m.
Test Taking Strategies	Tuesday, April 20	6:00 p.m. - 7:00 p.m.

Time Management: Discussion on tips and guidelines on how to build better time management practices to complete tasks and accomplish goals.

Zoom link: <https://cccconfer.zoom.us/j/2683418397>

Stress Management & Personal Wellbeing: This workshop provides an overview of the dimensions of wellness and how they impact the everyday choices students make about their health and their overall level of well being. Zoom link: <https://cccconfer.zoom.us/j/91730857893>

Budgeting: Keeping Track of Your Money: Learn how to manage your money by creating a spending plan that works for you and make better choices to align with your goals and practice living within your budget. Zoom link: <https://cccconfer.zoom.us/j/91889396467>

Motivation: Determining how to identify and maintain motivation can be key to your success in school and in your personal life.

Zoom link: <https://cccconfer.zoom.us/j/96110376734>

Test Taking Strategies: Online classes present unique challenges, particularly when taking tests. This workshop provides practical and effective strategies to prepare for taking a test, as well as strategies to use during the test. Zoom link: <https://cccconfer.zoom.us/j/94893013059>

***Check out craftonhills.edu/studentingo for a variety of FREE online workshops available 24/7 to help you succeed in school!**

ALL WORKSHOPS will be held on ZOOM.

To Sign up for a workshop click on [Eva Bells Café Card](#)

Email: Ebell@craftonhills.edu or call 909-389-3366