

Associate in Science for Transfer Degree

The Associate in Science in Nutrition and Dietetics for Transfer degree (AS-T in Nutrition and Dietetics) prepares students for success in a baccalaureate degree in Nutrition and Dietetics with the lower-division coursework required to transfer into the CSU system. Students learn about nutrients in food and how their dietary choices effect the human body and the world. The study of nutritional science contributes to preparing students for careers as nutritionists, registered dietitians (RD), food scientists, or other dietetics professionals. The study of Nutrition provides a broad foundation which applies to a variety of other scientific areas of study such as health, kinesiology, chemistry, biochemistry, microbiology, anatomy, physiology, and biology. Learn more about the [degree requirements here](#).

Semester 1 – Fall – 15 Units	Units
HEALTH 263 Nutrition and Health	3
CHEM 101 Intro to Chemistry	4
ENGL 101 Freshman Composition	4
MATH 110 or PSYCH 120 Statistics	4

Semester 2 – Spring – 14 Units	Units
CHEM 150 General Chemistry I	5
POLIT 100 American Politics	3
HEALTH 102 or KIN 200	3
HEALTH 104 or 265 or 267	3

Summer – 6 Units	Units
PSYCH 100 General Psychology	3
Critical Thinking GE (CSUGE A3)	3

Semester 3 – Fall – 14 Units	Units
CHEM 151 General Chemistry II	5
Ethnic Studies GE (CSUGE F)	3
Oral Communication GE (CSUGE A1)	3
Arts GE (CSUGE C1)	3

Semester 4 – Spring – 13 Units	Units
MICRO 102 or 150	4
Major Elective (See below)	3
HIST 100 or 101	3
Humanities GE (CSUGE C2)	3

Major Electives			
ANAT 150 and 151	CHEM 212	ENGL 120	PSYCH 120
ANTHRO 102	COMMST 111, 125	JOUR 120	SOC 100
CD 105	ECON 100	MATH 110, 160	

Please see a counselor to develop your specific plan. [Schedule a counseling appointment here](#).