

Associate in Arts for Transfer Degree

The Associate in Arts-Transfer (AA-T) degree in Kinesiology at Crafton Hills College is designed to meet the needs of students transferring to a California State University who intend to major in kinesiology or a related field of study. Students earning this degree will be able to explain the importance of physical activity in daily life and the implications of this for the discipline of kinesiology, how it is structured, and the types of knowledge studied by its scholars and applied in professional practice; defend the integrative nature of the field of kinesiology; identify the nature and demands of professional occupations, the career options available to students graduating from departments of kinesiology, and the qualifications associated with each; demonstrate knowledge of principles for safe participation and physiological improvement in keeping with the goals of a specific physical activity; and demonstrate an understanding of the benefit associated with the participation in physical activities.

Learn more about the [degree requirements here](#).

Semester 1 – Fall – 15 Units	Units
KIN 200 Intro to Kinesiology	3
MATH 110 Intro to Probability and Statistics	4
HEALTH 102 Intro to Health and Wellness	3
ENGL 101 Freshman Composition	4
Choose a Movement Course Below	1

Semester 2 – Spring – 14 Units	Units
ANAT 150 Human Anatomy and Physiology I	4
DANCE 200, MUSIC 100, or THART 100	3
KIN 231 First Aid and CPR	3
Choose a Movement Course Below	1
	3

Semester 3 – Fall – 17 Units	Units
ANAT 151 Human Anatomy and Physiology II	4
HIST 100 or HIST 101	3
PSYCH 100, CD 105, SOC 100, 141,145, or 150	3
Choose a Movement Course Below	1
PBSF/KIN 170 , Health 104, 263, 265, or 267	3
	3

Semester 4 – Spring – 16 Units	Units
CHEM 101, PHYSIC 100 or ENVS 101 & 110 Lab	4
POLIT 100 American Politics	3
DANCE 200, MUSIC 100, or THART 100	3
PBSF/KIN 170, Health 104 , 263, 265, or 267	3
	3

Movement Course
AQUATICS, COMBATIVES, DANCE, FITNESS, INDIVIDUAL SPORTS, TEAM SPORTS

*Note: Please be advised Movement Based Courses are worth 0.5 units during Summer
Please see a counselor to develop your specific plan. [Schedule a counseling appointment here](#).

Catalog year: 2021-2022

Last Revised: 03/2022