

October 2021 CHC Honors Newsletter



A picture from the Pizza in the Lounge/ Tag Workshop Event on September 15.

All the Leaves are (Not Yet) Brown

By: Grace Newlin

As autumn goes full swing, and we begin to experience more overcast days, many of us find ourselves in the middle of midterm season. The fall semester is already close to halfway over, and Thanksgiving break will be upon us in about a month! As you or your friends push through midterms and projects, remember to breathe and keep your goals in mind. Good luck and happy spooky season everyone!

Contact Information

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Announcements!

Are you interested in having your writing or art be published? The Palouse Review is taking submissions in the following categories until November 1st: fiction, nonfiction, scholarship, poetry, photography and visual art, music, and digital multimedia! If your work is selected, it will be published in a digital magazine on December 1st.

The Palouse Review

Literary Arts Journa

The fall 2021 edition will be published December 1, 2021.

Our editors are looking for carefully crafted work that demonstrates the literary, artistic, and academic excellence of our honors community.

The deadline for submissions is November 1, 2021.

Genre Specific Guidelines:

Fiction: We consider short literary fiction. There is no specific length requirement but we suggest 5,000 words or less. All submissions must be the submitter's original work, previously unpublished by an online or print journal.

Nonfiction: We consider personal essays, biography, narratives anchored in fact or real events. There is no specific length requirement but we suggest 5,000 words or less.

Scholarship: We consider all topics within the humanities, social, and political sciences. We are looking for carefully crafted essays or research papers of a philosophical, scholarly nature. There is no specific length requirement but we suggest 5,000 words or less.

Poetry: We seek all styles of poetry. We accept a maximum of three poems submitted for a given edition of The Palouse Review.

Photography & Visual Art: We consider all forms of visual art utilizing all types of media, including photography, painting, drawing, assemblage, collage, graphic design, architectural models, and fabric art.

Music: We are looking for original auditory pieces. The submitter must be the composer of the music submitted but may not necessarily have written the lyrics. Submitting the score is encouraged but not required.

Digital Multimedia: We accept short videos; animated films; documentarystyle videos; and audio projects. Digital multimedia projects must be posted to a hosting service such as YouTube, Vimeo etc.

palousereview.wsu.edu

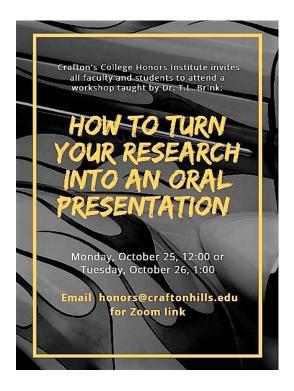
Don't forget that the Crafton Club Rush is coming up on **Wednesday, October 20th!** There will be both in- person and online events, so be sure to check it out if you can.



On **Friday**, **November 19**th, Honors is hosting a campus-wide Student Research Conference where you can present your research either as a poster or as an oral presentation. Right now, there will be both in-person and virtual options. The deadline to submit your abstract to Judy is Wednesday, November 9th!

On **Saturday, March 26th**, UCI is sponsoring the Honors Transfer Council of California (HTCC) Student Research Conference using the same two formats of poster and oral presentations. Their conference will be all virtual. **The deadline to apply is December 6th!**

If you plan to orally present your research in the near future, or are considering it, don't miss out on these two opportunities to learn how to do so this month!



There's new swag available in the Honors Lounge! Come get some stickers with our logo on it!



Professor Highlight!

>> Professor Greyraven<<

[Biology Professor]

What do you teach and what was your major?

- Nonmajors biology and major biology. I changed my major a lot. I started out in biology but the chemistry was very difficult, so I became an art major. Then, because my dad was a political science major and I wanted to connect with him, I tried that for a while. Then I tried sociology, moved onto business because I thought it was more practical, ended up getting my AA with no major, worked for three years, went back to school for biology again and realized the chemistry was not as difficult as I thought.

Why did you pick that major?

- I believe I was just born loving biology. I always wanted to interact with and study animals when I was young, and I was always fascinated with nature. There was never one set moment where I just knew, I was always just like this and always knew I wanted to work with nature.

Did you have any other careers before this one?

- I worked as a church camp counselor in the mountains for three years.

What 3 words would you use to describe yourself?

- Biophile, introvert, other

What are your favorite foods?

- Pizza and burritos, because they're the types of food you can share.

What would be your perfect day?

- Listening to birdsong in the morning, hiking through the forest and the beach with my dog and several good friends, going out for food, and enjoying the company of my friends and family.

What is your favorite color?

- It always changes, but I would say rainbow.

What is your favorite thing about teaching at Crafton Hills?

- I've taught full time since 1994. I've always loved to teach and connect with my students. I love how open to everybody community college is compared to the UC and CSU schools. I enjoy trying to help people see the world in a different way, and to like or at least have a better understanding of science. I'm never bored when I teach at Crafton.

What is your favorite travel destination?

- The Redwood Forests. I always feel at home there and my goal is to move up there eventually. I'm planning on going up there again in December.

Tell us something interesting about yourself.

- I'm a bibliophile (currently in withdrawal!). I usually read a book a week, or a day during vacations. I love novels and many different genres, including some nonfiction. My parents also loved books, and my mother taught me to read before I started school. My four younger brothers do not love reading nearly as much as I do.

Student Highlight!

>>> Kyo Watanabe<<<

What is your major? - My major is Computer Science.

Why did you pick this major?

- Computer science envelops such a vast realm of engineering related material that all interconnect with each other. This engineering field provides so much nutrition for our everdeveloping planet, where automation has become increasingly prevalent - and beneficial. I've always had a passion for utilizing technology, specifically Artificial Intelligence, to seek solutions to some of the world's alarming problems. This can range from system optimizations in the medical field to promoting educational growth through the use of reinforcement learning with robotics.

When do you plan on graduating?

- I plan to finish my bachelor's degree in Computer Science in the traditional four years, although I plan to obtain my Master's as well as a PhD down the road.

What career do you hope it leads to?

- Short term career goals may be working in fields related to software engineering, data analyzing, and national security. However, I plan to transition to a more research-oriented field related to Artificial intelligence in my later years.

What are some things you like to do in your spare time?

- I currently work at WildGoose Coffee Roasters, where I am a part of the Order Fulfillment team. My decision to apply for this job was for one reason, and one reason only - I love coffee brewing. Most of my free time is spent on trying out new brewing methods with variations in factors that might affect the body, aroma, or/and acidity. If I am not at the kitchen cooking up a new brew, I usually spend my leisure time watching Netflix or working on iOS applications through programming.

What three words would you use to describe yourself?

- Linear, Blue, Spicy.

What are your favorite foods?

- Currently, my favorite food would have to carbonara (has to be with angel hair pasta, nothing else).

What would be your perfect day?

- I don't want to think of a "perfect" day. Hopefully, I try making every day a perfect one. However, if I had to choose? 68 degrees weather :)

Would you rather experience traveling in space or the deepest part of the ocean? Why?

- Definitely space. We already have the technology to explore the deepest corners of the ocean. As for space? Yeah, not so much. Only about 6% of the ocean has been explored and chartered, and we don't even know how much of space we have discovered thus far. Taking space any day.

What book has impacted your life and why?

- Diary of the Wimpy Kid: Rodrick Rules. First book to ever instill a drop of rebellious feelings in me. Just like Rodrick, I threw a party without my parents knowing (figuratively, of course).

What song has impacted your life and why?

- When I Ball by Brockhampton. Why? Couldn't give you a linear answer. Just listen to it.

What is your favorite color?

- Blue. Wait, no forest green. Nah, ocean blue for sure. Wait, it's the green. I don't know, either blue or green (depending on the shade).

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What is your favorite thing about attending Crafton Hills?

- The unnecessary flight of stairs up to Central. Honestly my work out for the day.

Which professor has impacted your time at Crafton the most?

- Would have to give it to all my professors; Professor Estus, Professor Greyraven, Professor Ruiz, Professor Kaye, and Professor Avelar. They've all inspired me one way or another.

Tell us something surprising about you.

- Hate questions like these. Maybe, it's that I hate questions like these?



Volunteer Ideas!

Don't wait for the last semester to get your hours in 🐵

CASA (Court Appointed Special Advocate) Great opportunity for those who have 2 semesters left with Crafton since the application takes time. https://www.casaofsb.org/become-a-volunteer/volunteer-requirements.html

<u>ENGin</u> is seeking volunteers to act as speaking buddies for international students. The opportunity allows for students to become paired with a Ukrainian student and video chat with them each week to practice English. This is the sign-up form. <u>https://forms.gle/QSXn8jN8uUPoMrK26</u>

Redlands Family Service Association is always looking for volunteers. They need help distributing food boxes to needy families, sorting food donations and stocking shelves in their pantry, sorting clothing donations, etc. MANY of our Honors students have gotten their service hours here. It takes 1-2 days to be approved once you sign up, so factor

that in. Here is the link for sign-ups: <u>https://app.betterimpact.com/PublicOrganization/7ee96b4d-61cf-4660-be5c-</u> <u>caafe970acfb/1</u>

Volunteers needed or the SUT San Bernardino Chapter

https://www.volunteermatch.org/search/opp3262602.jsp

<u>Reading Partners</u> needs volunteers to read to children online. You must pass a background check and commit to at least one session per week. For more information, you can talk to Honors student Samantha McVeigh. Her email is <u>samanthamcveigh12@gmail.com</u>. Volunteer link: <u>https://readingpartners.org/volunteer/</u>

Honors student Samantha Jordan recommends <u>Helping Hands Pantry</u> in San Bernardino. Their website says: "Volunteers are needed in every aspect of our operation, from our pantry garden where we grow fresh produce to be handed out, to warehouse, office work, distribution, and more. We even have a mobile food bank called <u>Living On The Streets</u> that goes out to the homeless in the Inland Empire. We feed more than 1000 people every day, from Fontana to Calimesa, and even in the mountain communities, like Big Bear, Lake Arrowhead, and Forest Falls. That takes a lot of people power!"

Volunteers can sign up here: <u>https://helpinghandspantry.org/volunteers/</u>.

Samantha Jordan also recommends <u>Amy's Farm.</u> It's in Ontario, but it looks like it's worth the drive! Here is the volunteer page: <u>https://www.amysfarm.com/give/volunteer</u>. To ask Samantha questions about either of these opportunities, you can contact her at <u>samanthajordan8132@gmail.com</u>.

Honors student Grace Newlin shared this online opportunity: The Smithsonian Transcription Center seeks to engage the public in making their collections more accessible. They work with digital volunteers to transcribe historic documents and collections records to facilitate research and inspire learning in everyone. Download a one-page handout about the Transcription Center, including helpful tips for new users, <u>here</u>.

Grace also sent this online opportunity: The Zooniverse is the world's largest and most popular platform for people-powered research. This research is made possible by volunteers — more than a million people around the world who come together to assist professional researchers. Our goal is to enable research that would not be possible, or practical, otherwise. Zooniverse research results in new discoveries, datasets useful to the wider research community, and many publications.

See this page for more information about volunteering: <u>https://www.zooniverse.org/about</u> You can contact Grace about either of these at <u>grace.e.newlin@gmail.com</u>.

There is a community garden in Loma Linda that needs some help to plant, weed, and other basic yard work.

To volunteer: <u>https://www.lomalinda-ca.gov/residents/community_garden</u> Here is the link to the instagram page: <u>https://instagram.com/lomalindagarden?igshid=bvgzcaopem72</u> Address: 25340 Van Leuven Loma Linda, CA Contact: Amy Jones 562-485-7203 or <u>Jones.amyv@gmail.com</u>

Download the Be My Eyes app on your phone and help someone who is blind or has limited vision. See <u>https://www.bemyeyes.com/</u> for more information.

Connect with a low-income student and be a coach/tutor through the organization UPchieve. See <u>https://upchieve.org/volunteer</u> for more information.

Send online messages or mail letters of encouragement to nursing home residents and staff through the <u>Adopt a Nursing Home Program</u>. <u>https://www.adoptanursinghome.com/</u>

Send a card, letter or note once a week to someone undergoing chemotherapy. Apply at <u>Chemo</u><u>Angels</u>. <u>https://www.chemoangels.com/angel-pre-app</u>

Make a difference by volunteering at Kaiser Permanente Hospice! https://www.volunteermatch.org/search/opp2371584.jsp

WE NEED YOU!! Blood Drives – Ambassador NOW!!! Turn Compassion into Action https://www.volunteermatch.org/search/opp3290230.jsp

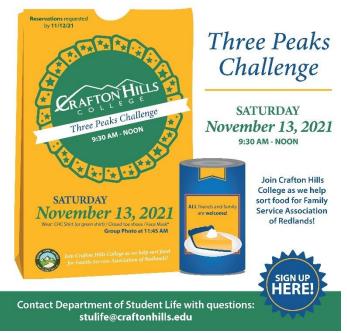
Looking to make a great IMPACT in a youth's life? https://www.volunteermatch.org/search/opp1306731.jsp

Friends of the Library Volunteer https://www.volunteermatch.org/search/opp1168033.jsp

Mentor - Connect to College Mentoring Program https://www.volunteermatch.org/search/opp163436.jsp

Stray Cat Alliance needs your help with kitty adoptions!!! https://www.volunteermatch.org/search/opp3330207.jsp

REDLANDS FAMILY SERVICE FOOD DRIVE



Join the CHC Community on Saturday, November 13, for this special annual event! Each year CHC participates in the efforts to sort food from the Redlands Family Service Association food drive that brings in 20,000-30,000 pounds of donated food. Obviously, a lot of volunteers are needed. We are hoping to get 50-100 volunteers from Crafton for the 9:30-12:00 shift. We would love to see a big group from the Honors Institute among those volunteers!

If you want to participate, you need to pre-register and fill out a waiver form: <u>https://www.redlandsfamilyservice.org/special-events.html</u>

Please let Judy know if you sign up. (<u>jcannon@craftonhills.edu</u>) You will also need to check-in on the service morning at the Crafton sign-in so that we know you were there.

Students who volunteer will receive service hours AND 10 Honors Participation Points for each hour they serve for a maximum of 20 points. (Note: This is the only service project this semester eligible for Participation Points.)

Contribute to the Newsletter!

We welcome articles, poems, fiction, photography, or art from any Honors students or professors! Get your work seen and get "PUBLISHED" on your resume. We have some pretty cool people in Honors and we want your voice and vision!

Inspiration!

"Keep your face always toward the sunshine- and the shadows will fall behind you."

• Walt Whitman

What is your favorite scary movie or book / your best Halloween costume?

Asia-lani Ekeroma: My favorite scary movie is definitely Hereditary; I think watching a movie twice is really cool because you get to find/ realize the foreshadowing but every time I watch it I manage to find something new! A few of the best Halloween costumes I've ever done were definitely when I dressed up as Katara from Avatar: The Last Airbender, and after cutting my hair, this year I plan to be Aang haha and when I dressed up as Lilo from Lilo and Stitch. Here's me as Lilo!



Victoria Karalun: My favorite scary movie is Midsommar. I've been obsessed since I first watched it in the cinema and have seen it many times since. I love that it pulls you in just as a cult would. My favorite scary book is The Witching Hour by Anne Rice. I read it about 18 years ago, and immediately wanted to read all of Anne Rice's books. When my husband and I were in New Orleans, we made sure to visit the Witching Hour house, the house that Anne Rice actually lived in, and based the book on.

Nigel Strain: My favorite scary movie is American Psycho.

The best costume I've ever had was my costume last year. I dressed up in a lederhosen. The photo attached shows my friend and I dressed up and I'm on the right side.



Samantha Jordan: My favorite Halloween story is the "The Green Ribbon." My favorite Halloween costume was me as Tinkerbell, which I have included a picture of!



Lauren Ashlock: My favorite scary TV show is the Twilight Zone!

Maddy Boone: My favorite Halloween movie is the Conjuring and my favorite costume was when I had a blow up pumpkin costume! I also attached a picture of my in a Halloween costume. It's not recent but it's the only picture I have of me in a costume.



CONGRATULATIONS, SAMANTHA JORDAN, GIFT CARD WINNER IN OUR DRAWING OF SUBMISSIONS TO THIS STUDENT SECTION! SHE WINS A \$10 GIFT CARD TO STARBUCKS, IN-N-OUT OR AMAZON!!

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Authors: Matt Nevins, Grace Newlin, Amr Bahjri, Sasha Paago, & Judy Cannon

