2024-2025 *Intro to Career (COUN 110) PRE & POST-SURVEY*

The Career Center at Crafton Hills College administered PRE and POST assessment surveys to students enrolled in COUN 110, Introduction to Career, Education and Life Planning, during the 2024–2025 academic year. The surveys assessed students' self-reported knowledge and confidence in self-awareness, major exploration, career direction, and educational and career planning. This report compares PRE and POST responses from 89 students matched by student ID, with response totals varying by question.

Note: Duplicate submissions and unmatched records were excluded. Course sections were self-reported, which may explain differences in PRE and POST section counts.

Course Section:	**PRE**		**POST**	
	#	%	#	%
COUN-110-70	42	47.2	40	44.9
COUN-110-71	47	52.8	49	55.1
Total	89	100.0	89	100.0

Self-Awareness and Major Exploration
Assesses students' understanding of their skills, interests, values, and strengths, how these relate to careers, and their knowledge and confidence in choosing a major.

Please rate your level of agreement with the following statements:	**PRE**				**POST**				**Total (PRE/ POST)**
	Strongly Agree/ Agree		**Strongly Disagree/ Disagree**		**Strongly Agree/ Agree**		**Strongly Disagree/ Disagree**		
	#	**%**	**#**	**%**	**#**	**%**	**#**	**%**	
I know my skills and abilities.	78	87.6	11	12.4	87	97.8	2	2.2	89/89
I know how my skills and abilities relate to careers that interest me.	66	74.2	23	25.8	87	97.8	2	2.2	89/89
I know how my interest may relate to possible careers.	72	80.9	17	19.1	88	100.0	0	0.0	89/88
I can state how my values relate to careers that I am considering.	72	81.8	16	18.2	86	96.6	3	3.4	88/89
I have a clear sense of my identity, of what makes me unique and valuable.	67	75.3	22	24.7	83	93.3	6	6.7	89/89
I can state how my past experience and achievement may relate to possible career options.	71	80.7	17	19.3	79	89.8	9	10.2	88/88
I know what my strengths are.	73	82.0	16	18.0	85	96.6	3	3.4	89/88
I know how to develop my strengths.	55	61.8	34	38.2	81	91.0	8	9.0	89/89
I know how I might use my strengths in a career that interests me.	70	78.7	19	21.3	86	96.6	3	3.4	89/89
I have enough information about the major available to make a well-informed decision in choosing a major.	49	55.1	40	44.9	83	93.3	6	6.7	89/89
I have researched at least 3 majors in detail.	37	41.6	52	58.4	79	88.8	10	11.2	89/89
I know what I want to major in.	49	55.1	40	44.9	74	83.1	15	16.9	89/89
I feel confident about the major that I have chosen.	46	51.7	43	48.3	74	83.1	15	16.9	89/89

Career Direction and Planning

Assesses students' career knowledge and confidence, educational and career planning skills, and understanding of how personal needs affect lifelong career plans.

Please rate your level of agreement with the following statements:	PRE				POST				Total (PRE/ POST)
	Strongly Agree/ Agree		Strongly Disagree/ Disagree		Strongly Agree/ Agree		Strongly Disagree/ Disagree		
	#	%	#	%	#	%	#	%	
I feel well informed about the career path that interests me most at this time.	45	50.6	44	49.4	84	94.4	5	5.6	89/89
I feel confident about my career direction at this time.	47	52.8	42	47.2	77	86.5	12	13.5	89/89
I know how to develop a comprehensive student Education Plan (SEP) to meet graduation or transfer requirements.	50	56.2	39	43.8	78	87.6	11	12.4	89/89
I know how to develop a career development action plan based on career assessment results, research and analysis.	34	38.2	55	61.8	82	92.1	7	7.9	89/89
I know how my sociological, physiological and psychological needs impact my lifelong career plans.	60	67.4	29	32.6	81	91.0	8	9.0	89/89

Student Demographics

Demographic data is based on PRE survey responses.

Gender	#	%
Female	58	65.2
Male	28	31.5
Transgender	0	0.0
Genderqueer, gender nonconforming, or genderfluid	2	2.2
Gender identity not listed (please specify)	0	0.0
Decline to state	1	1.1
Total	89	100.0

Ethnicity	#	%
Hispanic/Latinx	33	37.5
Caucasian/White	29	33.0
Black/African American	10	11.4
Multiple ethnicities	7	8.0
Asian	6	6.8
Native American/Alaska Native	2	2.3
Decline to state	1	1.1
Native Hawaiian/Pacific Islander	0	0.0
Not listed above (please specify)	0	0.0
Total	88	100.0

Key Findings: Strongly agree/agree responses increased from PRE to POST in the following areas:

- **Self-awareness:** Connecting interests to possible careers, from 81% (72) to 100% (88); developing strengths, from 62% (55) to 91% (81); and applying strengths to a career of interest, from 79% (70) to 97% (86).
- **Major exploration and selection:** Having enough information to choose a major, from 55% (49) to 93% (83); researching at least three majors in detail, from 42% (37) to 89% (79); knowing their intended major, from 55% (49) to 83% (74); and confidence in their chosen major, from 52% (46) to 83% (74).
- **Career direction and planning:** Confidence in career direction, from 53% (47) to 87% (77); knowledge of developing a comprehensive Student Education Plan, from 56% (50) to 88% (78); knowledge of developing a career action plan, from 38% (34) to 92% (82), the largest percentage-point increase; and understanding how personal needs affect lifelong career plans, from 67% (60) to 91% (81).

- **Areas for continued support:** POST disagree/strongly disagree responses were highest for knowing their intended major and confidence in their chosen major, each at 17% (15), followed by confidence in career direction at 13% (12), developing a comprehensive Student Education Plan at 12% (11), and researching at least three majors in detail at 11% (10).