2023-2024 *Intro to Career (COUN 110) PRE & POST-SURVEY*

The Career Center at Crafton Hills College administered PRE and POST assessment surveys to students enrolled in COUN 110, Introduction to Career, Education and Life Planning, for the 2023–2024 academic year. The surveys assessed students' self-reported knowledge and confidence in self-awareness, major exploration, career direction, and educational and career planning. This report compares PRE and POST responses from 57 students, with response totals varying by question.

Note: Duplicate submissions and unmatched records were excluded. Course sections were self-reported, which may explain differences in PRE and POST section counts.

Course Section:	**PRE**		**POST**	
	#	%	#	%
COUN-110-56	5	8.8	4	7.0
COUN-110-70	33	57.9	33	57.9
COUN-110-71	15	26.3	13	22.8
COUN-110-72	4	7.0	7	12.3
Total	57	100.0	57	100.0

Self-Awareness and Major Exploration
Assesses students' understanding of their skills, interests, values, and strengths, how these relate to careers, and their knowledge and confidence in choosing a major.

Please rate your level of agreement with the following statements:	**PRE**				**POST**				**Total (PRE/ POST)**
	Strongly Agree/ Agree		**Strongly Disagree/ Disagree**		**Strongly Agree/ Agree**		**Strongly Disagree/ Disagree**		
	#	**%**	**#**	**%**	**#**	**%**	**#**	**%**	
I know my skills and abilities.	47	82.5	10	17.5	57	100.0	0	0.0	57/57
I know how my skills and abilities relate to careers that interest me.	41	71.9	16	28.1	57	100.0	0	0.0	57/57
I know how my interest may relate to possible careers.	48	85.7	8	14.3	56	98.2	1	1.8	56/57
I can state how my values relate to careers that I am considering.	40	70.2	17	29.8	55	96.5	2	3.5	57/57
I have a clear sense of my identity, of what makes me unique and valuable.	40	70.2	17	29.8	47	82.5	10	17.5	57/57
I can state how my past experience and achievement may relate to possible career options.	36	64.3	20	35.7	51	91.1	5	8.9	56/56
I know what my strengths are.	45	78.9	12	21.1	55	96.5	2	3.5	57/57
I know how to develop my strengths.	29	50.9	28	49.1	50	87.7	7	12.3	57/57
I know how I might use my strengths in a career that interests me.	40	70.2	17	29.8	55	96.5	2	3.5	57/57
I have enough information about the major available to make a well-informed decision in choosing a major.	24	42.1	33	57.9	52	91.2	5	8.8	57/57
I have researched at least 3 majors in detail.	20	35.1	37	64.9	46	82.1	10	17.9	57/56
I know what I want to major in.	27	47.4	30	52.6	42	76.4	13	23.6	57/55

I feel confident about the major that I have chosen.	28	50.0	28	50.0	47	82.5	10	17.5	56/57

Career Direction and Planning

Assesses students' career knowledge and confidence, educational and career planning skills, and understanding of how personal needs affect lifelong career plans.

Please rate your level of agreement with the following statements:	PRE				POST				Total (PRE/ POST)
	Strongly Agree/ Agree		Strongly Disagree/ Disagree		Strongly Agree/ Agree		Strongly Disagree/ Disagree		
	#	%	#	%	#	%	#	%	
I feel well informed about the career path that interests me most at this time.	29	50.9	28	49.1	54	94.7	3	5.3	57/57
I feel confident about my career direction at this time.	27	48.2	29	51.8	48	84.2	9	15.8	56/57
I know how to develop a comprehensive student Education Plan (SEP) to meet graduation or transfer requirements.	28	49.1	29	50.9	48	84.2	9	15.8	57/57
I know how to develop a career development action plan based on career assessment results, research and analysis.	16	28.1	41	71.9	52	91.2	5	8.8	57/57
I know how my sociological, physiological and psychological needs impact my lifelong career plans.	34	59.6	23	40.4	55	96.5	2	3.5	57/57

Student Demographics

Demographic data is based on PRE survey responses.

Gender	#	%
Female	40	70.2
Male	15	26.3
Transgender	0	0.0
Genderqueer, gender nonconforming, or genderfluid	1	1.8
Gender identity not listed (please specify)	0	0.0
Decline to state	1	1.8
Total	57	100.0

Ethnicity	#	%
Hispanic/Latinx	27	48.2
Caucasian/White	14	25.0
Black/African American	0	0.0
Multiple ethnicities	7	12.5
Asian/Pacific Islander	7	12.5
Decline to state	1	1.8
Total	56	100.0

Key Findings: Strongly agree/agree responses increased from PRE to POST in the following areas:

- **Self-awareness:** Connecting interests to possible careers, from 86% (48) to 98% (56); developing strengths, from 51% (29) to 88% (50); and applying strengths to a career of interest, from 70% (40) to 96% (55).
- **Major exploration and selection:** Having enough information to choose a major, from 42% (24) to 91% (52); researching at least three majors in detail, from 35% (20) to 82% (46); knowing their intended major, from 47% (27) to 76% (42); and confidence in their chosen major, from 50% (28) to 82% (47).
- **Career direction and planning:** Confidence in career direction, from 48% (27) to 84% (48); knowledge of developing a comprehensive Student Education Plan, from 49% (28) to 84% (48); knowledge of developing a

career action plan, from 28% (16) to 91% (52), the largest percentage-point increase; and understanding how personal needs affect lifelong career plans, from 60% (34) to 96% (55).

- **Areas for continued support:** POST disagree/strongly disagree responses were highest for knowing their intended major at 24% (13), followed by researching at least three majors in detail, having a clear sense of personal identity, and confidence in their chosen major, each at 18% (10). Confidence in career direction and knowledge of developing a comprehensive Student Education Plan each had 16% (9).