

## Health Insurance Resources & Low-Cost Services in San Bernardino/ Riverside

Crafton Hills College, Health & Wellness Center, SSB 101, 909-389-3272  
<http://www.craftonhills.edu/healthcenter>

### Medi-Cal:

California's Medicaid is a program that pays for a variety of medical services for children and adults with limited income and resources. Medi-Cal is supported by federal and state taxes. You can apply for Medi-Cal benefits regardless of sex, race, religion, color, national origin, sexual orientation, marital status, age, disability, or veteran status. <https://www.c4yourself.com/c4yourself/>

**Eligibility:** birth to 21 years of age, pregnancy, blind, disabled, or have an illness that your doctor expects will keep you from employment for more than one year, over 65 years of age, on Cal WORKS, (AFDC), low-income working families and Supplemental Security Income (SSI), California residence. For more information: [www.dhs.ca.gov](http://www.dhs.ca.gov) or 1-877-597-4777 (Call for nearest district office: 909) 388-0245)

**Documentation:** proof income, I.D., and California residency, immigration status and social security number (SSN) or proof of application, checking and savings account statements, car registration, proof of pregnancy.

**Benefits:** full medical: medical office visits, hospitalizations, dental and vision care, prescription medications, mental health, substance abuse services, and needed medical tests.

**Other Services:** CalWORKS, Food Stamps, Foster Care, general assistance, and Welfare/Cash Aid (909) 388-0245

### Healthy Families:

**Eligibility:** 1 through 19 years of age, U.S. citizen and certain immigrants, California resident, not covered by employer-sponsored health insurance for the previous 3 months, not eligible for zero share of cost Medi-Cal.

**Benefits:** medical office visits, dental and vision, hospitalizations, needed medical tests, prescription medicines, and mental health services, preventative care.

1-800-433-2611 <http://healthyfamilies.com/index.htm>

#### **Plans:**

- IEHP, [www.iehp.org](http://www.iehp.org)
- Molino, 1001 E. Cooley Dr. # 106, Colton, CA 92324 (909) 825-8373, [www.molinahealthcare.com](http://www.molinahealthcare.com)
- UHP Healthcare, 800-880-5305, [www.uhphealthcare.com](http://www.uhphealthcare.com)
- Universal Care, 88-635-6668, [www.universalcare.com](http://www.universalcare.com)

### Public Health Services:

- San Bernardino County Health Department(SBCHD): (909) 387-6280 <http://www.sbcounty.gov/pubhlth/>
  - SBCHD Reproductive Health: 800-722-4777
  - SBCHD Maternal Health: 800-227-3034
  - SBCHD STD/HIV Clinic: 800-722-4777; CA, STD/ HIV referral data base <http://www.cdcnpin.org/ca/>
  - SBCHD Immunizations: 800-722-4777
  - Tobacco Use Reduction Now TURN 800-637-6653

**Riverside County:** <http://www.rivcoph.org> - (951) 358 - 5438

- Banning Family Care Center  
3055 W. Ramsey Banning 92220
- Hemet Family Care Center  
880 N. State Street Hemet 92343

**San Bernardino County Services Medical Plan (MIA)** Arrowhead Regional Medical Center, 400 N. Pepper Avenue, Colton, CA 92324 (909) 580-1077

- **Eligibility:** adults between the ages of 21 and 64, do not have dependent children under the age of 21 in your home, pregnancy, San Bernardino county resident, meet income requirements
- **Documentation:** copy of social security card, picture I.D., proof of income claimed on application, proof of residency.
- **Benefits:** Routine medical offices care, such as sore throat, stomach ache, critical dental services, or monitoring of ongoing medical conditions such as diabetes, high blood pressure, etc. Emergency Care: Urgent or life threatening conditions.

### **Riverside County, Medically Indigent Services Program, (MISP)**

(951) 486-5375, Location: 14375 Nason Street, Suite 102, Moreno Valley, CA 92555

Hours: 7:00 a.m. to 4:00 p.m., Monday through Friday

Riverside County developed the Medically Indigent Services Program (MISP) in 1983 to provide assistance for the health needs of adults between the ages of 21 and 64 years. This program was designed to cover acute illnesses and medical care to prevent disability. The goal of the program is to reduce costly hospitalization and increase the ability to work.

**MISP is not an insurance.** It is to meet the immediate needs of adults who suffer traumas or have other emergent needs. Although the provision of indigent medical services is mandated by the State of California, the Riverside County Board of Supervisors directs the eligibility criteria and scope of services covered.

#### **MISP Eligibility Criteria:**

1. Be able to show proof of legal resident of Riverside County for more than 30 days
2. Must complete an application
3. Must be an adult between the ages of 21 and 64
4. Must not be insured or have access to a health plan
5. Must be able to show proof of income
6. Must show proof of identity
7. Must not have a valid Visitor's visa
8. Must not be in Riverside County for the sole purpose of rehabilitation
9. Client must not be institutionalized in Skilled Nursing Home (SNF) or Institution for Mentally Disabled (IMD)

Persons who meet the eligibility criteria may be granted up to twelve months of eligibility. They must report changes in income, living circumstances or if they apply or become eligible for other health benefits. Failure to do so can result in revocation of eligibility to the date of the change of status. The County of Riverside may review eligibility status on a random basis during the twelve month period.

**Major Risk Medical Insurance Program (MRMIP)** Website [www.naschip.org/states\\_pools.htm](http://www.naschip.org/states_pools.htm)

1-800-289-6574 (application). Provides health insurance for Californians who are unable to obtain coverage in the individual health insurance market.

**Access for Infants and Mothers (AIMS)**

[www.aim.ca.gov](http://www.aim.ca.gov)

**(800) 433-2611 or (626) 299-7495**

**Eligibility:** Uninsured pregnant women (under 31 weeks pregnant) and their newborns up to age 2 and not eligible for no-cost Medi-Cal, uninsured, and have incomes within AIM guidelines. Women with separate maternity deductibles or co-payments over \$500 may also qualify.

**Documentation:** California resident for at least 6 months.

**Benefits:** Prenatal and infant medical care.

**WIC**

Women, Infant and Children program, is a nutrition program that helps pregnant women, new mothers and young children eat well and stay healthy. This service is available for families of low to median income. Working families may qualify.

**Services include:** Special checks to buy healthy foods such as milk, juice, eggs, cheese, cereal, dry beans and beans and peas, and peanut butter; information about nutrition, information and support about breastfeeding.

**To apply for WIC services?**

Call to make an appointment and find out which documents you need to bring with you. At your appointment, WIC staff will check to see if you and your family qualify. Local offices: San Bernardino County Health Department, 351 Mt. View, San Bernardino, CA 92445, 909-387-830; 1 800-472-2321 Potrero, Banning, CA 92220, 909-849-4761 (Native Americans) [www.wicworks.ca.gov](http://www.wicworks.ca.gov) or call 1-800-852-5770 / 1-888-942-9675

**Breast Cancer and Cervical Cancer Treatment:** <http://www.dhcs.ca.gov/services/medi-cal/Pages/BCCTP.aspx>

**Breast and Cervical Cancer Treatment Program**

The California Department of Health Services implemented the Breast and Cervical Cancer Treatment Program (BCCTP) on January 1, 2002. Under this new program, low-income California residents who have breast and/or cervical cancer can enroll at a doctor's office to get no-cost cancer treatment coverage as soon as possible after they have been diagnosed. For more information about the BCCTP and how to enroll, please call (Toll-Free) 1-(800)-824-0088.

Organizations and providers serving low-income persons may order BCCTP tri-fold brochures and bookmarks for distribution to people who may be in need of breast and/or cancer treatment services. Organizations and providers may call 1-800-824-0088 for information on how to order the brochures and bookmarks.

**Prostate Cancer Screening:** <http://www.california-impact.org/>

**Health Insurance Payment Plan (HIPP)** (866) 298-8443

Recipients must have High cost medical condition (e.g., pregnancy, HIV/AIDS, and organ transplant);

Medi-Cal may pay the private health insurance premiums for eligible high cost individuals who are losing employment and have a high cost medical condition.

Have a Medi-Cal share of cost no greater than \$200;

Have either a current private health coverage policy or access to health coverage through an employer (includes COBRA and Cal-COBRA, but excludes policies issued through the California Managed Risk Medical Insurance Board (MRMIB); Not be enrolled in a Medi-Cal managed care plan; and not be enrolled in a County Organized Health Plan (but see Other Premium Payment Programs). HIPP Forms Available [www.dhs.ca.gov/publications/forms/hipp.htm](http://www.dhs.ca.gov/publications/forms/hipp.htm)

**The Comprehensive AIDS Resource Emergency (CARE/HIPP)** For persons unable to work because of disability due to HIV/AIDs and are losing their private health insurance. 1-800-367-2437

**Health Care, Resources Website:** [www.myhealthresource.org](http://www.myhealthresource.org)

### **Private Health Insurance, Specifically for College Students**

- **Student Insurance**, 11661 San Vicente Blvd., suite 200, Los Angeles, CA 90049, (310) 826-1601, (800) 367-5830, [www.StudentInsuranceAgency.com](http://www.StudentInsuranceAgency.com) **Also, this insurance covers all registered CHC students who obtain an injury on campus, minus a \$50.00 deductible.**
- **American College Student Association** [www.acsa.com](http://www.acsa.com) 1-800-367-5830
- **Sentry's Student Security Plan:** [www.ejsmith.com](http://www.ejsmith.com) 847-564-3660
- **[WWW.YOUNGINVINCIBLES.ORG](http://WWW.YOUNGINVINCIBLES.ORG)**
- **Somerton Insurance:** [www.somerton-in.com](http://www.somerton-in.com)
- **BlueCross of California:** [www.bluecross.com](http://www.bluecross.com)
- **Kaiser Permanente:** [www.kaiserpermanente.org/individuals](http://www.kaiserpermanente.org/individuals)

### **Other Community Based Health Services**

- **Arrowhead Regional Medical Center** [www.co.san-bernardino.ca.us/armc/](http://www.co.san-bernardino.ca.us/armc/) (909) 580-1000
- **Arrowhead Regional Medical Center, Dept. of Family Medicine, Family Health Center**, 16854 Ivy Ave., Fontana, CA 92411 (909)428-8029
- **Child Health & Disability Prevention (CHDP)** (800)722-3777
- **The Blessing Center**, 760 E. Stuart Ave., Redlands, CA 92374 (909) 793-5677 (also provides food and clothing) <http://www.theblessingcenter1.org/welcome.htm>
- **Inland Empire Community Clinic:** <http://www.chsica.org/bloomington.htm> (909) 877-1818
- **H Street Clinic** : 1329 North H Street, San Bernardino (909) 381-0803
- **Al-Shifa Clinic:** 2034-B Mallory Street, San Bernardino, (909) 473-0600
- **Redlands Community Family Clinic:** ( 909) 335- 5799 802 W. Colton Suite E, Redlands, CA 92374 <http://www.redlandshospital.org/Services/Family-Clinic/Default.aspx>
- **Planned Parenthood:** <http://www.plannedparenthood.org/health-center/findCenter.asp>  
1873 Commercenter West, San Bernardino, CA 92408 (909).890.5511

**Loma Linda SAC Clinics (Medical & Dental) Sliding Scale**

**SAC-Norton**

1455 East Third Street (location), 1454 East Second Street (mailing address)  
San Bernardino, California, 92408 , (909) 382-7100  
Hours: Mon.-Thurs., 7:30 a.m. to 5:30 p.m.

**SAC-Frazer**

488 South K Street, San Bernardino, California 92410  
Hours: Mon.-Thurs., 7:30 a.m. to 5:30 p.m.  
(909) 383-8092

**SAC-Arrowhead**

1293 North 'D' Street, San Bernardino, California 92405, (909) 381-1663  
Hours: Mon.-Thurs., 7:30 a.m. to 5:30 p.m.

**Dental:**

- Smile Choice (Golden West Dental & Vision (800) 655-3225 [www.studentdental.com](http://www.studentdental.com))
- Access Dental: 888-849-8440
- Delta Dental: 1-877-580-1042
- Universal Care Dental: 1-800-635-6668
- Loma Linda Dental School: 909-558-4551
- The Blessing Center – (909) 793-5677

**Prescription Medications:**

- Together RX Access (Prescription Savings Program) 1-800-444-4106 [www.togetherrxaccess.com](http://www.togetherrxaccess.com)
- Wal-Mart, Target - \$4.00 prescriptions. Ask pharmacists about this program

**Mental Health Services**

- San Bernardino County: 909-387-7200 <http://www.sbcounty.gov/dbh/>
- Inland Behavior and Health Services , 1963 North "E" Street, San Bernardino 92405 (909) 881-6146 or 9909) 883-9153 M-Th: 8am – 6 pm, F: 8am-5pm
- South Coast Community Services – 34324 Yucaipa Blvd, Yucaipa: 909-890-1300
- Loma Linda University Behavioral Medicine Center: 800-752-5999 or 909- 558-9275
- The California Counseling Center (Cal State San Bernardino (909) 537-5569
- San Bernardino Family Services, 1669 North E street, San Bernardino, CA 92405 (909) 886-6737
- Nueva Vida Counseling, 290 North 10<sup>th</sup> Street, Colton, CA (909) 825-6188
- Mesa Counseling Center, 850 E. Foothill Blvd, Rialto, CA (909) 421-9302

*Updated 2/2/12*