

## **SLO**

### **CD 115 Health Safety and Nutrition**

1. Identify health, safety, and environmental risks in children's programs.
2. Evaluate the relationship between healthy development and nutrition and analyze the nutritional needs of children at various ages.
3. Assess strategies to maximize the mental and physical health of children and adults in programs for young children.
4. Evaluate regulations, standards and policies and procedures related to health, safety and nutrition in support of young children, teachers and families.
5. Distinguish aspects of quality in programs for young children as related to health and safety.
6. Recognize the value of collaboration with families and community health professionals.