

Sample SLOs for:

Physical Education & Health

Identify, analyze, assess, value and implement (physical, fitness) activities, wellness strategies and principles in support of a healthy lifestyle.

Apply critical thinking skills in the quantitative and qualitative analysis of (successful) skill development, proper technique, physiological principles and kinesthetic awareness in activities related to physical education, dance and athletics.

Utilize current technology to research and compile information in health and wellness, human performance and athletic competition.

Source: <http://www.sdmesa.edu/instruction/slo/programs.cfm?DeptID=50>

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Note: These sample SLOs are provided as a model for the creation of SLOs for your own course or program. If you have questions, or would like assistance in writing SLOs, please contact Dr. Gary Williams, Instructional Assessment Specialist, at (909) 389-3567 or gwilliams@craftonhills.edu.