## 2022-2023 Career Center Workshop Evaluation Results

The CHC Career Center routinely conducts workshop evaluations aimed at gathering essential feedback from our students. These evaluations delve into various aspects such as workshop attendance, content relevance, delivery satisfaction, and suggestions for improvement. For the academic year 2022-2023 a total of 55 valid responses were received. It's important to highlight that these surveys are voluntary in nature, and responses to individual questions may vary.

Please select semester:	%	#
Fall 2022	58.2	32
Spring 2023	40.0	22
Summer 2023	1.8	ı
Total	100.0	55

How did you attend this workshop?	%	#
In-person	40.7	22
Online	59.3	32
Total	100.0	54

Please select the workshop you attended:		%	#
Create a Career Plan		14.8	8
Employability Skills		0.0	0
Hello Major/ Hello Career Fair		0.0	0
How a Major Works		0.0	0
How to Ace the Interview - FIDM		0.0	0
How to Talk to Employers		1.9	I
How to Talk to Employers - Career Fair Prep		5.6	3
Interviewing Techniques		9.3	5
Job Ready Dress - FIDM		0.0	0
Job Search Strategies		14.8	8
Other (please specify)		27.8	15
Personal Brand - (Linked-In)		3.7	2
Resume Writing		7.4	4
Tools to Land the Job - FIDM		0.0	0
What Can I Do With This Major - Arts and Communication		1.9	
What Can I Do With This Major - Business		5.6	3
What Can I Do With This Major - CTE	•	0.0	0
What Can I Do With This Major - Science and Math		3.7	2
What Can I Do With This Major - Social, Behavioral, & Cultural		3.7	2
	Total	100.0	54

Other (please specify) - Text (n=15)	
Choosing a major	Major/Choose My Pathway
Classroom Presentation - SOC 100 (4)	Mental Health Career Major Workshop (1)
Communication	Personal Brand
Disney College Program	Personality, Interests, and Major & Careers workshop
Finance	Relaxation & Girl Talk
How to find you major-lunch and learn	Time management

How did you hear about this workshop? (n=45)	)
Calworks	I found it on a flyer
Campus promotion	I heard about this workshop via my gmail.
Career Center (4)	In-class presentation
Chc email	On campus
CHC website on upcoming events	On career center page
Club fair	Online
Counseling center	Psychology class
Crafton Hill College Website (6)	Search for it
EOPS (7)	Sociology professor
EOPS counselor (2)	Student Email (4)
Flyer	Teacher referral
Counselor	Through an EOPS counselor
Have to weally grove may Dave and Dwand	Through EOPs program to attend as a requirement for
How to really grow my Personal Brand	the program.
I came across this workshop on Crafton's Website.	

# The following themes highlight respondents' learning expectations for the workshop.

- Building a personal brand and resume for interview success.
- Developing professional skills and mental health management.
- Diverse job search strategies, including LinkedIn and career fairs.
- Enhancing interview skills and standing out.
- Exploring career paths and major selection.
- Networking and job searching with LinkedIn and online tools.
- Seeking a comprehensive understanding of career topics and insights.
- Tips on resumes, majors, internships, and utilizing career fairs.

What did you expect to learn from this workshop? (n=47)
Career guidance
Different ways of finding jobs.
Facts about business
Finance
Honestly what I learned was around of what I expected.
How to be good at being interviewed
How to better present myself to a potential employer
How to brand myself
How to broaden my work search
How to find more resources to get to my career goals
How to interact with employers.
How to make a good impression during an interview
How to manage mental health and different support systems
How to plan out my career pathway
How to search for different jobs.
How to search for jobs
How to stand out from other people who are marketing themselves to employers
How to update my resume

How you can navigate a career

I didn't know what to expect, something along the lines of what would interest me in regards to what jobs I'd like based on the title of the workshop

I expected to learn good communication skills that would help set me apart from other individuals when speaking with employers.

I expected to learn how to build a foundation for my future career.

I expected to learn how to search for jobs around my major.

I expected to learn more skills on interviews. I also hoped to learn more facts that would help me improve my skills and stand out in a good way in an interview.

I hoped to learn more about the preparation for a job, how to speak to upper management or those hiring, and what I should prepare myself for.

I learned a lot of valuable information. I learned you can use LinkedIn, LinkedIn learning, and watch how to grow your own skills.

I learned how to talk to employers and overall improve my career skills.

I learned the many tools to create a career path and the many questions I have to think about when and before creating a career path.

Instructions on how to decide a major

Internship through Disney

Interview help

Interview techniques

Job information on IBH

Learning about different job search opportunities

Learning how to choose which major

Linked in information

More soft skills, how to "sell" my image to companies.

Not only how to present myself at an interview but also, job listings.

Relaxation skills

The importance of attending career fairs

To learn how to build a resume step by step

Ways to have better time management

What a personal brand

What areas I would be able to get a career in my majors (sociology and psychology)

What I can do with my major

What steps I have to do next to be prepared to peruse my career

What type of jobs I can get and how.

## What is one thing you knew about this topic prior to attending? (n=42)

A few career options

Be professional and speak with intent

Behavioral psychology

Career Workshop

Credit cards

Deals with autism and other mental illnesses

Dress for success

Elevator pitch

Good firm handshake

How to establish a LinkedIn account.

How to find a job

I can apply for internships in my field

I knew a few of the websites because I took the Career Counseling class last year.

I knew a little bit about the preparation aspect, but not it entirely.

I knew about having linked in as a job searching tool.

I knew about my past interactions with employers as well as how to greet.

I knew it would be something like breathing exercises

I knew that an interview is just the next step after the application so that the employer has the opportunity to know how you are in person. This is done to make sure you are a good fit for the job.

I know what classes I have to take and I know that I need to graduate with my bachelors.

I need to do some volunteering

I took two assesments and I knew they would have my scores and would help narrow down what I'd like to work in

I knew about the accountability buddy.

Interviewing for radiology

It was gonna be on radiology

Keep a updated resume available

Limited number of majors.

One thing I knew beforehand was that you have to speak to your bosses and employers in a more professional tone.

Online job searches are most prominent.

Online searches

Social media is a major part of Branding

Social networking is important

Some websites

Talk to a counselor

That branding is how others see you

That is seems like a safe pick

That sociology and psychology are related

That the career center is happy to help

That's it's important

To be polished and professionally.

What is key to have on your resume

What schools to contact, places to volunteer at, the pre-reqs for the program I am interested in applying to

What to look for and expect in getting work.

#### The following themes highlight what respondents wished to learn but didn't during the workshop.

- Advanced resume writing and post-interview thank you cards.
- Discovering more job-seeking resources, including educational information.
- Exploring employer preferences, major-personality compatibility, and career finances.
- Further insights into elevator pitches and mental health volunteering options.
- Understanding letters of recommendation and improving communication with employers.

#### What would you have liked to have learned today, but didn't? (n=31)

A little more information on the elevator pitch

Alternative places to volunteer for mental health assistance, rather than working a job

Counselor covered everything

Everything was perfect

How letters of recommendation work

How to be more expressive when communicating

How to write a resume

I actually did learned what I would've liked to.

I actually learned more than I expected, I did not know the importance or being involved in my field prior to applying for jobs and graduating.

I can also go to conferences and volunteer. I can call and get an information interview.

I have no answer

I learned a lot. More than I expected to learn.

I learned everything here

I learned everything that I needed to learn

I mean they covered a lot in terms of how to find more information on the majors and where to find schools in regards to the area of study. I will then like to learn how to get a job in those areas without have that degree, get close at least. But [name] is going to help me with that!

I think that I learned everything I wanted to.

I would have liked to have gone a little more in depth about what employers would like, but overall it was helpful.

I would have liked to learn more specific details of communicating with employers. And perhaps some more alternatives to improve professional communication skill.

It went fast but it was Informative

lob seekers.

Learned so much!

Maybe personality types that are compatible with certain majors.

More of the financial side of what each job makes

More websites

Nothing, all my questions were answered perfectly

Nothing every expectation was meet

Nothing [name] did an excellent job!

Nothing. Everything was very detailed and touched over all of the main points I wanted to know.

Schooling and training

There is nothing else I would've wanted to learn about.

To leave thank you cards after interviews.

Which best describes your Educational Goal? (Select only one)	%	#
Obtain an associate degree and transfer to a 4-year	66.0	33
Earn an associates degree only	8.0	4
Transfer to a 4-year without earning an associates degree	4.0	2
Earn an occupational degree and/or certificate	4.0	2
Discover and formulate career interests	4.0	2
Improve basic skills	4.0	2
Undecided	4.0	2
Other (specify)	4.0	2
Prepare for a new career	2.0	I
Total	100.0	50

Other (specify)
I have earned my AS degree looking to transfer
Finish prerequisites to be able to apply for BSN RN.

How many units have you completed toward your educational goal?	%	#
Less than 30 units	36.7	18
31-60	40.8	20
More than 60 units	22.4	П
Total	100.0	49

What is your major/program of study? (e.g., Mathematics, Psychology, English, Undeclared, etc.) (n=45)				
Accounting and Finance, along with certificate in Cybersecurity	Health care			
Administration Assistant	Health Science (4)			
Aerospace engineering/astrophysics	Healthcare/Respiratory Care			
Architecture	Kinesiology; public health			
Art & Multimedia	Multimedia: Digital Animation			
Biology (3)	Nursing (2)			
Business (4)	Psychology (2)			
Business administration (4)	Psychology and Sociology			
Child development	Public health			
Communication	Radiology (2)			
Computer Science and Mathematics	Respiratory therapy			
Computer Science/Aviation	Sociology (2)			
English (2)	Undeclared (4)			

Select your level of agreement with	Stror Agr	Y AGREE		ree Disagree		Strongly Disagree		Total	
the following statements:	%	#	%	#	%	#	%	#	
I believe this workshop was valuable.	78.3	36	19.6	9	2.2	I	0.0	0	46
The workshop improved my chances of getting hired.	62.2	28	35.6	16	2.2	Ĺ	0.0	0	45
The workshop met my expectations.	61.7	29	31.9	15	6.4	3	0.0	0	47
The presenter was easy to follow and understand.	83.0	39	12.8	6	2.1	I	2.1	I	47
I plan to attend more workshops offered by the Career Center.	67.4	31	28.3	13	4.3	2	0.0	0	46
I would like more workshops like this one at Crafton Hills.	60.9	28	37.0	17	0.0	0	2.2	I	46

# What other types of workshops would you like to see at the Career Center? (n=29)

All of them

All the workshops available have been useful.

Autobiography writing

Career workshops

Crafton alumni

#### **Criminal justice related careers**

Different types of major opportunities

Engineers speaking to us about a day in the life.

#### Enhancing our soft skills

Financial, budgeting

How to create a resume.

How to prepare for an interview for a job or university

I believe that more workshops that are generally similar to this one would be most beneficial for students as many of us are trying to get into the workforce.

I have no current ideas.

## I think a workshop, specifically on how to attend summit in our fields would be very beneficial.

I would like to see a workshop on how to do taxes.

I would like to see more Scholarship workshops.

I would say something like Social Skills

Journalism workshops

More focused career workshops

More job, opportunities, or volunteer/internships with more medical centers or medical field related

#### More radiology

More to help people find their major or how to deal with adulting.

More Workshops specifically in the tech industry

Resources to help boost GPA. Resources to obtain financing options for transfer colleges.

Resume building

What to look for when hiring potential employees

What's ever is offered and [name] will choose

Workshops on communication skills.

#### The following represents the top three most common learned aspects from the workshop:

- Self-Improvement Strategies: Techniques such as breathing exercises, self-affirmations, and journaling were highlighted for personal growth and professional development.
- Job Search and Networking Techniques: Skills in reaching out to employers, utilizing resources like LinkedIn, and crafting effective elevator pitches were emphasized to enhance job search and networking capabilities.
- Career Exploration and Preparation: Insights into transferable skills, market trends, and interview preparation were provided, fostering a better understanding of potential career paths and professional readiness.

#### Please provide the three most important things you learned from this workshop. (n=42)

- 1) Breathing Exercises 2) self-affirmations 3) Writing in a Journal
- I) reach out to employers to get informational interviews. 2) reach out and find scholarships with mentors for stem 3) my flaws are my strengths in a diverse workforce
- I. Look presentable to employees 2. Always ask questions. 3. Even if they're not hiring ask for more information and opportunities.
- 1. Transferable Skills 2. Top Tips for getting your first job after college 3. Experiential Opportunities
- I. Where to look for a job 2. How much I can earn with my two majors 3. The areas that I could get into with my education

1st impressions and etiquette

Career planning, resource tools, and LinkedIn information

Cover letter, indeed info, other job search websites

Elevator pitch, thank you note, and building connections

Elevator speech, websites for jobs, how to present yourself during an interview

Elevator, thank you card, and networking

Employer position matters when speaking to then. Avoid cliche skills. Body language matters.

Experiential Opportunities, Learning Developments, and Transferable Skills

How high up you can go if you truly want to do what you you think you want and lastly the importance of workshops

How to brand myself, be more likable, how to be seen as professional

How to form an elevator pitch, cover letter, and networking strategies

How to get hired without a BS. which sites to go to for apprenticeship, and which sites offer scholarships for CS majors.

How to put experiences on applications job seekers things on chc career site

How to update, what's needed on it, what's not needed on it

I learned so your research before picking a major , the ways you can do your research, and how to find jobs that fall under that major .

I learned that I should make connections while in school with people in my field. I also learned the importance of interviewing people in my field to learn what I need to do and also to learn from their mistakes. I also was provided with valuable links they gave me information on my career such a salary, education requirements, and certifications.

Interview strategies, job search strategies, follow-up strategies

Look for companies you're interested in working for, look for scholarship programs, volunteer opportunities, experience, and look into informational interviews.

My personality type, the different jobs that could potentially be enjoyable for me, and individuals that could help me find a job or internship

Networking, professional accounts, navigate to networking.

Outline, preparation, Covid formalities

Pay, what's involved, and we're I can go to apply

Prioritize self care, write down thoughts/goals, set nonnegotiable study time

Professionalism, Credit score, and budget strategies.

Resume building, networking, professionalism

Self-assessment, SPRINT, business attire clothes available throughout chc

Star, thank you note, outlines to prepare

The basis of the mental health career, and how we will be able to get a job in it. As well as the requirements that go into the specific career.

The importance of media, networking, and resume building

Three most important things that I learned from this workshop is how to approach, conversate and leave an impression with a possible future employer.

To be yourself, dress formal, and to make sure your prepared with things in advance

To create a LinkedIn profile To make sure to look at jobs description even if I'm not looking for a job just to be familiar and prepared for when I'm ready to get a job Volunteer to get experienced to have on my resume and the different type of experience I can use

To grow myself, make a nice image of myself, and show what my intentions are to really show the world who I am.

Today I learned how to dress for interview, what to bring to an interview. I also learned about resources that could help me think of questions to prepare for the interview. I learned about the different types of interviews there are what to do for each one.

What questions to ask, what to have, and what to bring

What we need to prepare, what companies are looking for, how to reach out and connect to others with similar questions.

Which platforms to market myself, appearance is usually the first impression people get, and it's important to diverse my portfolio.

# Highlighted comments regarding why a student would recommend the workshop to other CHC students.

- "[Name] gave me a lot of links that benefit me on how to find more information on my career. I didn't know about a lot of the websites [name] recommended I look into, and I will now be applying for a public health summit, and I am very grateful for the connections."
- "I would recommend this workshop because it is very detailed and covers everything you need to know for any situation of an interview."
- "It allowed me to better understand how to pitch myself."
- "The presenter, [name], gave a lot of useful information and did a great job answering everyone's questions."
- "Very informative and the one who led the workshop was very well informed of the subject and wasn't afraid to address the students in the workshop and ask them to share their thoughts."

#### Please tell us why you would recommend this workshop to other students. (n=41)

All the information was helpful. Even when you think you know something, there is always more to learn.

Because I learned a lot about branding

Because it increases the likelihood you'll do better when looking for a job

Because it is a learning experience that you may not get from any other class.

Contains helpful information and may open up more opportunities.

Great information

Great workshop

He explained it well

Helps fill in gaps of certain missing information. A host is there to answer questions.

I learned alot that I didnt know about my specific major. I dont know anyone in the field of aerospace engineering.

I think it's important for students to know how to present themselves to employers to optimize their chances of being employed.

I think that many of us should get into these types of workshops as they are helpful and can get us more in tuned with what we need to know before we start applying.

I will recommend this workshop to other students because it is a important part of learning what your future should be. There were many resources to planning a career in this workshop.

I would recommend this workshop because it is very detailed and covers everything you need to know for any situation of an interview.

In case other students would want to know about the Disney College Program

It allowed me to better understand how to pitch myself

It gives an insight into the mental health career as specific parts, and what you need to achieve that

It gives steps you can take to build your presence now

It is very informing and overall useful. The instructor did a good job at indicating what employers look for and how to increase the likelihood of employment.

It offers ideas people may not think of

It was a good workshop. I liked it I learned new skills.

It was helpful

It was helpful to answer many of my questions about my career

It was informative

It was really helpful to answer some question I had in regards my career . It will help you have a better idea on how to build your career plan

It was very helpful

It was very helpful and talked about the many aspects of making a career path

It's great information for those barely getting into work.

It's helpful to navigate if you're choosing the right major

[name] was a very elaborate speaker.

[name] did a good job explaining

The presenter, [name], gave a lot of useful information and did a great job answering everyone's questions.

The transfer and career center are so helpful and [name] was an amazing presenter

[name] gave me a lot of links that benefit me on how to find more information on my career. I didn't know about a lot of the websites [name] recommended I look into, and I will now be applying for a public health summit, and I am very grateful for the connections. I'll be able to make if I do get accepted. I would not have known about this prior to doing the workshop.

Very formative workshop

Very helpful

Very important to know this information

Very informative and the one who led the workshop was very well informed of the subject and wasn't afraid to address the students in the workshop and ask them to share their thoughts

Very informative. [name] was very friendly and helpful.

Very useful and applicable information.

Was very informative

# Please tell us why you would not recommend this workshop to other students? N/A

#### Highlighted theme, and suggestions regarding the workshop:

- Suggestions for improvement
  - Address technical issues to ensure a smooth workshop delivery.
  - Consider extending workshop duration to allow for more in-depth coverage of the material.

# Please provide any additional comments or suggestions regarding this workshop or the Career Center. (n=11)

Counselor was great covered everything

**Excellent workshop** 

Great session

Had lots of lag on school laptop. Missed beginning moments of workshop.

I am really excited to check out the website given to me and movie inspiration.

I found it interesting to have to come up with an elevator pitch/introduction and so I hope to come up with one before the work fair.

It's unfortunate that applying for this program would force a move to Florida, but the presenter was amazing and informational either way.

[name]did so well and taught me new skills. Great and vital workshop.

Print out with the OR codes

Very informative

Very short time allotted for the amount of information given. I would enjoy more of the same workshops through each semester.

Note: The self-selected demographic questions were added in Spring 2023 and do not reflect the total responses received for the 22-23 academic year.

Answer	%	Count
Women	70.8	17
Man	25.0	6
Transgender	0.0	0
Non-binary/non-conforming	0.0	0
Decline to state	4.2	I
Total	100.0	24

Answer	%	Count
African American	12.5	3
Asian/Pacific Islander	12.5	3
Caucasian	20.8	5
Hispanic	41.7	10
Multiple ethnicities	8.3	2
Native American	0.0	0
Decline to state	4.2	ı
Other ethnicity (please specify)	0.0	0
Total	100.0	24