## Qualtrics Report

RRN2321-SP21 Health and Wellness Service Access Evaluation PRE & POST Survey Results

	PRE ASSESSMENT	POST ASSESSMENT
	#	#
Please select the assessment you are taking	17	П

Which department do you contact online when you need medical or mental health	PRE ASSESSMENT		POST ASSESSMENT	
services?	#	%	#	%
Counseling	2	11.8	ı	9.1
Health and wellness center	14	82.4	10	90.9
Disabled students' programs and services (DSPS)	0	0.0	0	0.0
Student services and development	ı	5.9	0	0.0
Total	17	100.0	11	100.0

Which of the following is a sign of poor mental health?	PRE ASSESSMENT		POST ASSESSMENT	
poor mental health:	# %		#	%
Restful sleep	2	11.8	0	0.0
Able to handle stressful situations		5.9	0	0.0
Feeling angry all the time	13	76.5	10	90.9
Having healthy communication	I	5.9	I	9.1
Total	17	100.0	П	100

How can you access the Health and Wellness Center services online?	PRE ASSESSMENT		POST ASSESSMENT	
Weilliess Center services offilie:	# %		#	%
Cranium Café	9	52.9	10	90.9
Emailing an instructor	0	0.0	0	0.0
Campus life tab	5	29.4	0	0.0
None of the above	3	17.6	Ī	9.1
Total	17	100.0	- 11	100.0

Which of the following individuals are mental health counselors?	PRE ASSESSMENT		POST ASSESSMENT	
mental health counselors:	#	%	#	%
David Franco	I	6.3	0	0.0
Gilbert Agyemang-Boakye	I	6.3	0	0.0
Araceli Olmas	3	18.8	0	0.0
Both A and C	11	68.8	10	100.0
Total	16	100.0	10	100.0

Which services can you get from the nurse practitioner online?	PRE ASSESSMENT		POST ASSESSMENT	
nurse practitioner online:	# %		#	%
Consultation	4	25.0	2	20.0
Medication refills	ı	6.3	0	0.0
Prescriptions	0	0.0	0	0.0
All the above	П	68.8	8	80.0
Total	16	100.0	10	100.0

What is a common sign of anxiety?	-	RE SMENT	POST ASSESSMENT	
	# %		#	%
Feeling optimistic	I	6.3	0	0.0
Constant worry or dread	15	93.8	10	100.0
Feeling rested	0	0.0	0	0.0
Feeling at ease	0	0.0	0	0.0
Total	16	100.0	10	100.0

Social distancing includes all the	- ASSESSMENT		POST ASSESSMENT		
following except.	#	# %		%	
Hugging	14	87.5	10	100.0	
Standing 6 feet apart	[	6.3	0	0.0	
Staying home	I	6.3	0	0.0	
Attending a Virtual Health Fair	0	0.0	0	0.0	
Total	16	100.0	10	100.0	

Effective hygiene measures for preventing COVID19 include?	PRE ASSESSMENT		POST ASSESSMENT	
preventing COVID19 include:	# %		#	%
Frequent hand washing	0	0.0	0	0.0
Frequent hand sanitizer	0	0.0	0	0.0
Wearing a mask around others	I	6.3	0	0.0
All the above	15	93.8	10	100.0
Total	16	100.0	10	100.0